THE
FRIARS HEAD
RESTAURANT & PUB

VEGAN MENU

STARTERS

HOMEMADE SOUP OF THE DAY (V)
8
INDIAN SELECTION
vegetable samosa-pakora-onion bhaji
9
MINI SPICED CAULIFLOWER & LENTIL PIE
9

MAINS

MOROCCAN STYLE VEGAN ROAST
17
flavours of harissa paste-smoked paprika-ground spices-sweet potato-grilled vegetables
onion marmalade-crumb & pumpkin seed topping-new potatoes- chantonnay carrots

FESTIVE VEGAN BAKE
17
puff pastry slice-field mushroom-cranberry-pea protein
creamy sauce-handcut chips-seasonal vegetables

CHICK PEA & SPINACH CURRY
18.5

FRIARS VEGAN BURGER
17
chickpea & spinach falafel-roasted red pepper-sweet chilli
crisp gem lettuce-caramelised red onions

DESSERTS

CHOCOLATE & CLEMENTINE TORTE
9
BANANA & STICKY TOFFEE PUDDING
8.5
vegan banana sponge with a rich sticky toffee sauce

MANGO SORBET
5

(V) VEGETARIAN (VE) VEGAN (GF) GLUTEN FREE all food is prepared in kitchens where nuts, gluten & other allergens could be present - our menu descriptions cannot include all ingredients - full allergen information is available-please ask a member of staff for allergen information