

THE FRIARS HEAD

RESTAURANT & PUB



SMALL PLATES

SOUP OF THE DAY (ve/df) (gf avail) crusty bread & butter	5.95
TWICE BAKED WENSLEYDALE & CHEDDAR SOUFFLE (v/gf) sundried tomato – rocket – balsamic glaze	7.95
BBQ SEITAN BRISKET (ve/df) edamame – lime – padron salsa	7.95
BLACK PUDDING SCOTCH EGG (df) chorizo jam – leaf salad	7.95
CRISPY TERIYAKI BEEF STRIPS (df) miso & peanut aioli – pickled radish & carrot	8.45
CHORIZO MEATBALLS (df/gf) roasted pepper ragu – spinach – parmesan	7.95
PORCINI & DUCK ARANCINI (gf) carrot & caraway puree	7.45
KING PRAWNS (gf) tomato concasse - chilli & white wine cream	8.45
CALAMARI TEMPURA yuzu & tahini drizzle – leaf salad	7.95
GARLIC MUSHROOMS (gf avail) spinach – white wine cream - dipping bread	6.95
NACHOS (gf) (veg avail) pulled pork – padron salsa – sour cream - mozzarella – cheddar	6.95
LOADED FRIES (gf) (veg avail) pulled pork – miso & peanut aioli – padron salsa mozzarella - cheddar	6.95

MAINS

TAMARIND & TERIYAKI BARBECUE AUBERGINE (gf/ve/df) wild rice – yuzu & tahini drizzle - coriander	19.95
CONFIT PORK BELLY (gf) colcannon mash – parma & asparagus spears – celeriac & pear puree - port jus	20.95
CRISPY DUCK BREAST (gf) potato fondant – miso & edamame puree – pak choi - orange & almond jus	22.95
SUNDRIED TOMATO & EDAMAME RISOTTO (df/ve/gf avail) toasted vermicelli – parmesan – spinach & leek	16.95
CHORIZO MEATBALL LINGUINE (df) (gf avail) roasted pepper ragu – spinach & parmesan	16.95
SUPER FOOD SALAD (ve/gf/df) wild rice – quinoa – crispy kale – mixed leaves – pomegranate - balsamic glaze	16.95

SIDES

HAND CUT CHIPS (gf)	3.00	FRENCH FRIES (gf)	3.00
CHEESY CHIPS (gf)	4.00	ONION RINGS	3.00
HOUSE SALAD (gf)	3.00	SEASONAL VEG (gf)	3.00
GARLIC FLATBREAD	3.50	CHEESY GARLIC FLATBREAD	4.00
SAUCE DIANE	3.00	PEPPER SAUCE	3.00

CLASSICS

WENSLEYDALE ALE BATTERED FISH & CHIPS (df/gf avail) mushy peas – tartare - lemon	17.95
FRIARS HEAD BURGER 8oz patty – monterey jack cheese – crispy onion – bacon bits - lettuce – tomato – fries - slaw	17.95
STEAK & ALE PIE silverskin onion – carrot - mash or chips - gravy	17.95
FISH PIE (gf) chive mash – sauteed seasonal greens – cheese crumb	17.95
CHICKEN PARMO bechamel sauce – fries - salad	16.95
SEITAN BURGER (ve) bean sprouts – lettuce – carrot and caraway puree – slaw - fries	17.95

FROM THE GRILL

all served with confit tomato & mushroom – onion rings – fries

BACON CHOP (gf avail) fried egg - fries	17.95
8OZ SIRLOIN STEAK (gf avail)	26.95
MIXED GRILL (gf avail) steak – sausage – gammon - black pudding – fried egg	23.95

PIZZAS

(gf avail)	
MARGHERITA mozzarella – tomato – basil – herb oil	11.50
PEPPERONI cheddar – mozzarella – tomato – herb oil	13.50
VEGAN bbq seitan brisket – red onion – padron pepper – spinach	14.00
MEAT FEAST pepperoni – chorizo – chicken – sausage	14.00
SPICY CHICKEN roasted pepper ragu – spinach – mozzarella	13.50
4 CHEESE red onion - spinach	13.00

UNDER 12'S

FISH GOUJONS – CHIPS – PEAS OR BEANS	7.95
SAUSAGE – CHIPS - PEAS OR BEANS	7.95
CHICKEN GOUJONS – CHIPS - PEAS OR BEANS	7.95
SPAGHETTI BOLOGNESE	7.95
FLAT BREAD PIZZA	7.95

SUB SANDWICHES

available 12 – 2 pm

all served with slaw - hand cut chips or fries (gf avail)

HADDOCK GOUJONS – tartare – marrowfat mushy peas – baby gem	10.95
ASIAN STYLE CHICKEN PARMO miso & peanut aioli – crispy salad	10.95
STEAK & PARMESAN MELT caramelised shallots – rocket – horseradish - gravy	10.95
CELERIAC PASTRAMI (ve) gherkins – grated radish – grain mustard mayonnaise – baby gem	10.95
WENSLEYDALE CHEESE & SUNDRIED TOMATO MELT (v) padron pesto - rocket	10.95