

THE FRIARS HEAD

RESTAURANT & PUB



STARTERS

SEAN'S SOUP OF THE DAY

focaccia – whipped butter 7.95

THAI STYLE SHIN OF BEEF CROQUETTE (gf)

wasabi mayo – pickled shallot 10.95

MUSHROOM ARANCINI (gf)

wild mushroom – madeira sauce - parmesan 9.95

PAN FRIED MACKEREL (gf)

pickled apple – ginger – fennel & red cabbage salad – chilli & beetroot puree 9.25

HOMEMADE BLACK PUDDING

poached egg – peppercorn sauce 8.95

MAINS

SHIN OF BEEF RAGU & FETTUCINE (gf) 18.95

10oz FLAT IRON STEAK (gf)

confit tomato - caesar salad – fries 26.95

STUFFED CHICKEN & WILD MUSHROOM (gf)

sunblushed tomato – olive – parmesan – garlic mash – buttered greens 19.00

PAN FRIED STONE BASS (gf)

potato fondant – cauliflower puree – charred asparagus – cockle butter 21.00 (gf)

ROAST HISPI CABBAGE (gf)

pinenuts– parmesan – caper butter – hand cut chips 17.95

GNOCCHI (v)

blue cheese sauce – spinach – walnut crumb 16.95

CLASSICS

FISH & CHIPS (gf)

haddock fillet – hand cut chips – mushy peas – tartare sauce 17.00

FRIARS HEAD BURGER (gf)

6oz patty – monterey jack cheese – crispy onion – bacon bits - baby gem lettuce – tomato – garlic & sage fries 16.50

ITALIAN BURGER (gf)

6oz patty – arrabiatta sauce – buffalo mozzarella – baby gem lettuce – tomato truffle & parmesan fries 16.50

CHICKEN & LEEK PIE

mashed potato – buttered greens – jus 18.50

FISH PIE (gf)

smoked haddock – cod – prawns – smoked cheese sauce – mashed potato – buttered greens 18.50

STEAK & ALE PIE

mashed potato – buttered greens 18.50

BACON CHOP (gf)

crispy egg – fries 16.95

CEASAR SALAD (gf)

traditional or cajun chicken 16.00

PIZZAS

available to eat in or take away – please be patient during busy periods

CLASSIC MARGHERITA passata – mozzarella 15.00

CHICKEN & SWEETCORN 16.00

SHIN OF BEEF passata - baby mozzarella – pickled shallot – rendang sauce – coriander 18.00

KING PRAWN passata – burrata cheese - chilli 18.00

PEPPERONI pepperoni – passata - mozzarella 16.00

GOATS CHEESE passata - mozzarella – red onion – truffle - basil 18.00

EXTRA TOPPINGS 1.00 each

AND FOR THE END OF THE DAY, we present.....

THE GUZZLER (strictly takeaway only!!)

stacked with passata – mozzarella – loaded fries – garlic sauce – chilli sauce 12.00

SIDES

HAND CUT CHIPS 3.50

CHEESY CHIPS 4.50

HOUSE SALAD 4.50

HERITAGE TOMATO SALAD 4.50

GARLIC FLATBREAD 4.50

CHEESY GARLIC FLATBREAD 4.95

SAUCES pepper – blue cheese – diane – chimichurri 3.00

FRENCH FRIES 3.50

ONION RINGS 3.50

SEASONAL VEG 4.50

HOMEMADE BREAD 2.50

UNDER 12'S - 8.95

FISH GOUJONS – CHIPS – PEAS OR BEANS

SAUSAGE – CHIPS & BEANS

CHICKEN GOUJONS – CHIPS - PEAS OR BEANS

MACARONI CHEESE

BAGUETTES/WRAPS available 12 – 2 pm

all served with hand cut chips & slaw

BATTERED FISH GOUJONS – TARTARE SAUCE – 10.25

CAJUN CHICKEN – CHARRED RED PEPPER – MOZZARELLA 10.25

ROAST BEEF & GRAVY – HORSERADISH MAYO 10.95

TUNA & CHEDDAR MELT 9.95

CHARGRILLED CHICKEN, BACON & BRIE 9.95

STEAK, RED ONION & CHEDDAR MELT 11.95

SMOKED CHEESE, RED ONION & SUNDRIED TOMATO (ve) 9.95

(v) vegetarian, (ve) vegan, (gf) gluten free

All food is prepared in kitchens where nuts, gluten & other allergens could be present and our menu descriptions cannot include all ingredients. Full allergen information is available, please ask a member of staff for allergen information.