

THE
FRIARS HEAD



VEGETARIAN AND VEGAN MENU

SAVOURY

BRUSCHETTA CARAMELISED ONION – SAUTE GARLIC MUSHROOM SPINACH AND PINE NUTS	(s) 6.95 (M) 10.95
VEGAN LASAGNE SKINNY FRIES AND GREEN SALAD	13.95
SWEET POTATO AND CHICK PEA CURRY SERVED ON A BED OF WHOLEGRAIN BROWN RICE	12.95
CHAR GRILLED VEGETABLE TOWER PEPPERS – COURGETTE – CARAMELISED RED ONION- SPINACH BALSAMIC GLAZE AND PARSNIP CRISPS	11.95
CHAR GRILLED TOFU SESAME STIR FRY VEGETABLES	(s) 6.95 (M) 11.25
MACARONI CHEESE INFUSED WITH CAULIFLOWER AND TRUFFLE OIL	(s) 6.25 (M) 11.25

SWEET

MULLED WINE POACHED PEAR WITH RASPBERRY SORBET	5.95
CHOCOLATE BROWNIES WITH BLACK CHERRY SAUCE	5.95

ALL OF OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN AND OTHER ALLERGENS ARE PREPARED AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. GUESTS CONCERNED ABOUT THE PRESENCE OF ALLERGENS IN OUR FOOD ARE WELCOME TO ASK A MEMBER OF STAFF FOR ASSISTANCE
THE FRIARS HEAD, AKEBAR, LEYBURN, NORTH YORKSHIRE DL8 5LY
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